



The Rosemount Centre

for complementary therapies

Spring Newsletter 2005

Sojourn in South America

By Sue May B.Sc., Lic.Ac., Cert.Clin.Ac.Hangzhou

When my husband announced to me that we were pulling up stakes and taking a contract in Venezuela my response was mixed elation and misgivings. I wouldn't have to work so hard, but I would have to learn Spanish and I was reluctant to give up a career I loved. I was determined to do some work there as I regard the practice of Chinese medicine as a craft which you need to continue to practice to learn and improve skills. I was reassured by a friend who was a homeopath that the population was very open to using alternative medicines so I packed up some needles and patent medicines and did due battle with the shippers to ensure they would be allowed into the country. I spent several weeks studying Spanish with a friend, but on arrival at Caracas, where my husband expected me to organise all onward tickets and negotiations, the lack of the European Spanish's "lisp" and the sheer rapidity of flow of the local language left me floored.

This was going to be a problem in the exercise of Chinese Medicine with its precise language and detailed diagnosis. I could ask someone if they had a pain and where it was but not if the pain was sharp or intermittent. Finally settled in a house my Spanish improved rapidly, after a series of storms, floods, leaks, power cuts and failed water pumps, a dictionary and a mental gringo attitude to "having a go" at any word, drawing, pronunciation or mime that could result in a degree of communication. **(Contd Page 2)**

In This Issue

Workshops and Courses programme. We offer a regular busy programme of teaching. Back page.

Sojourn in Latin America. Sue May's trials and travels in Venezuela. This page and page 2.

A case of allergies. Elaine Cairney describes a man who successfully treated allergies with homeopathy. Page 2.

A Right Pain in the Arm. Ruth Duddy describes the treatment of upper limb pain and offers advice. Page 3.

MEET OUR NEW THERAPISTS

Jenny Slater BA C.QS.W , MIF PA, RTCAP

I gained my diploma with the Edinburgh School of Holistic Aromatherapy in 2001, following many years of dabbling with essential oils at home. I am a member of the International Federation of Professional Aromatherapists and have been on several I.F.P.A. aromatic adventures around the world. Presently, I am completing my Reiki Teacher Mastership Programme and felt drawn to have my Karuna Reiki practitioner attunement in 2004.



Rasma Bertz, BSc (Hons) DipNut CBT QXCI is a non-invasive, biofeedback therapy taking information from cell vibrations. It accurately provides a holistic health portrait, as well as ways in which to readdress the balance and help a diverse number of issues including digestive, chronic energy, mental health, hormonal and degenerative disease.

I work with the physical, mental, emotional and spiritual aspects using my background in nutrition and my training in QXCI.

This newsletter is also available on our website: www.rosemountcentre.com

The Rosemount Centre, 1c Mount Street, Aberdeen AB25 4RA

telephone 01224 636378 website: www.rosemountcentre.com email: admin@rosemountcentre.com