

# The best motivation for becoming a therapist

Rasma Bertz

I developed ME after a severe flu virus and major move to Aberdeen. The NHS didn't recognise the illness, so I learned about natural remedies to keep my energy up enough so I didn't have to be signed off work. Then my mother introduced me to QXCI. QXCI uses biofeedback, taking information from the body's electrical cell frequencies; it provides accurate assessments and balancing for a wide variety of concerns.



The QXCI calibrates the unique 'vibrational signature' of the individual. It uses this to test the individual's reactions to over 9000 compounds, including: nutrients & foods; environmental; toxins & solvents; viruses, pathogens; organ and endocrine health.

The system also has an incredible range of remedies, including pharmaceuticals, herbs, homeopathic and branded supplements. So when the individual is tested, the system identifies what they react to, positively and negatively, as well as what might be a reaction in the future. A matrix of around 300 'reactants' is provided, and the interpretation of all the information begins - looking for patterns of health: physical, emotional, mental and spiritual. It is important to find the links between key reactants and the underlying causes for illness.

During my own test, there was a clear link between the flu virus, a polio vaccine and gamma radiation from Aberdeen granite!. The QXCI was used to send frequencies, encouraging my body to release these reactants and to boost energy and immune levels. Four days later I was amazed to be back to normal. I bought my own QXCI device, training to heal others, because it accurately identified the underlying issues causing my illness. QXCI combines everything I love – science, technology, conventional and alternative medicine. It also provides a practical application for my current studies towards a Doctorate in Naturopathic Medicine.

I specialise in chronic energy and stress reduction work, but can also help a range of issues from general wellness and sports health to specific physical or degenerative disease and mental health concerns. There is more information about how it works at my website - [www.quantumnorth.com](http://www.quantumnorth.com).

## Jennifer – a case of Candida treated with QXCI

Jennifer came to me with abdominal cramps, profound wind and discomfort. She had gained a lot of weight and was fatigued all the time. She suspected chronic fatigue and asked me to check for food intolerances. It became clear quite early in the assessment that the real issue was a high fungal overgrowth, particularly *Candida albicans*. This was causing gut dysbiosis, also affecting the immune system, hormone and enzyme pathways.

In addition to boosting the good bowel flora and energy nutrients, I encouraged Jennifer to follow an anti-candida diet for at least 8 weeks, and printed out a report detailing foods that should be avoided. When Jennifer returned to see me 4 weeks later, the change was immediately recognisable. Jennifer's gut discomfort had lessened and her weight was returning to normal. Her immune system was strong enough to carry out a mild detox of the residual toxins and fungus. Jennifer continues to improve and we are now working on restoring the hormonal balance.

Contact reception for appointments: Ab.. 636378

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